

Santa Cruz County Resource List for Grief and Loss*

Sudden Infant Death Syndrome (SIDS) Resource Info

First Candle

<https://firstcandle.org/>

Online support groups: <https://firstcandle.org/online-support-groups/#top>

GriefNet

<http://www.griefnet.org/>

Online support. For more information visit them on the web.

Hand of the Bay Area

<https://handsupport.org/>

Grief support meetings held in Santa Cruz.

For information call: 83-438-4513 or email Kristie@HANDsupport.org

HAND (Helping After Neonatal Death) of Santa Clara County

www.handonline.org

Phone: 1-888-908-HAND (4263)

Facebook: www.facebook.com/handonline

Counties/Areas Served: Alameda, Santa Clara, and part of the Central Valley

Hospice of Santa Cruz County

<https://www.hospicesantacruz.org/grief-support/>

Offers grief support for adults, youth and families.

Call: 831-430-3000 or email griefsupport@hospicesantacruz.org

SHARE

<http://nationalshare.org/>

Pregnancy and infant loss support.

Phone: (800) 821-6819 or Email: info@nationalshare.org

SIDS Alliance of Northern California (First Candle /SIDS Alliance Affiliate)

Facebook groups available. No in-person support groups.

For more info, email to: info@sidsnc.org

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SIDS America

<http://www.sidsamerica.org/>

Faith-based support/resources for bereaved parents of SIDS infants.

SIDS Network

<http://www.sids-network.org/>

Information on SIDS, SIDS research, and SIDS resources.

Star Legacy Foundation

<https://starlegacyfoundation.org/>

Online support groups for families experiencing pregnancy loss, stillbirth or pregnancy after a loss.

The Compassionate Friends of Santa Cruz County

<http://www.tcfsantacruz.com/>

Offers in-person and virtual support groups. Call for more latest information.

Phone: 831-332-9893 E-mail: tcfsantacruz@gmail.com

Facebook: www.facebook.com/TCFUSA

Twin Lakes Church

<http://www.tlc.org/>

Faith-based grief support groups.

Phone: (831) 465-3368 or Email for grief support: Care@tlc.org

Funeral Support

Aeron's Foundation

<https://www.aeronsfoundation.org/>

A nonprofit organization to help SIDS parent by funding funeral costs for newly bereaved families, and for promoting SIDS awareness.

Santa Cruz Memorial

<http://www.scmemorial.com/>

Memorial planning and grief resources.

Phone: (831) 426-1601 or Email: info@scmemorial.com

Helplines

Postpartum Support International

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www.postpartum.net

Provides emotional support, guidance and resources. Online support groups and listing of online counseling providers who specialize in maternal wellness. 24/7 warm-line.

Call: 1-800-944 4773 (Available in Eng/ Span)

Text: 503- 894- 9453 (Eng) Text: 971- 420-0294 (Span)

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